

Knoxville Explosion Welcomes New Team and Coaching Staff to the 2011 Explosion Prime

Written by Joe Birchfield
Monday, 19 July 2021 13:37 -

KNOXVILLE EXPLOSION FAST PITCH SOFTBALL HEAD COACH BIOGRAPHIES



Tim Meadows - (2011 Explosion Prime)

Occupation: Autobody Technician
Years playing baseball: 10 years
Years playing softball: 12 years
Years coaching Fastpitch softball: 4 years
First Year with Knoxville Explosion Softball Organization: 2021
Coaches Philosophy: As a coach, I teach my players that you need to work harder to help your teammates than you do for yourself. You carry this lesson all throughout life. You are not just playing ball, you are molding children into adults. This is a way of life that I learned from years of playing and coaching ball. I have carried this over into my daily life. I feel as though this has made me a better coach and person. I believe an organized practice is a necessity as well to help improve the players skills on and off the field. It is not about winning or losing the game. It's how you played it.
Coaching Certifications: [torrential Positive Coaching Alliance Double Goal Coach](#)

KNOXVILLE EXPLOSION FAST PITCH SOFTBALL HEAD COACH BIOGRAPHIES



Allen Meadows - (2011 Explosion Prime)

Occupation: IBEW Journeyman Lineman
Years playing baseball: 9 years
Years playing softball: 1 year
Years coaching Fastpitch softball: 1 year
First Year with Knoxville Explosion Softball Organization: 2021
Coaches Philosophy: As a coach, I expect my athletes to give one hundred percent at everything they do and never give up. In life there is always going to be someone that is bigger than you, faster than you, stronger than you, and even more talented than you; there is never an excuse for anyone to outwork you. My favorite coaching quote is, "hard work beats talent when talent doesn't work hard." - Tim Notke. I repeat this quote often to my players as I feel that it implies to more than just ball. I want to be the kind of coach that pushes his athletes beyond their limits and help them strive to not only be a better player, but a better person.
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CINDY HAMPTON - (EXPLOSION PRIME)

Occupation: Industry Support Program Manager, TVA

Years playing baseball:

Years playing softball: 8 Years

Years coaching Fastpitch softball: 5 Years

First Year with Knoxville Explosion Softball Organization: 2021

Coaches Philosophy: Life is full of roads that lead us to people, bring to us challenges, fill us with happiness, and sometimes bring disappointment. The way we face life's scenarios shape who we are as people.

Belonging to a team introduces all sorts of scenarios that, overtime, instill values such as responsibility, dedication, and integrity. A team environment is a place where players can experience the rewards that come from a strong work ethic and positive attitude. As a coach, I have the opportunity to make a positive impact in the lives of the players. My goal is always to provide the knowledge the players need to be successful in the sport, and to be the mentor the players need to help them achieve their goals from a player and personal standpoint. There is always something to learn and always something to share. All goals are achievable through attitude and dedication.

Coaching Certifications: torrential Positive Coaching Alliance Double Goal Coach

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